Sensory











(719) 213–4330

www.NeuroRhythm.com/Sensory

Music Therapy

NeuroRhythm specializes in developmental and neurological challenges including autism spectrum disorder and other cognitive, speech/language and motor **delays.** We are a research-based behavioral music therapy practice, and the **only** company that integrates the scientific fields of Neurologic Music Therapy (NMT) with Applied Behavior Analysis (ABA).

Music therapy is an established allied healthcare profession in which music is used within a therapeutic relationship by a Board Certified Music Therapist (MT-BC) to address the physical, cognitive, communication, social and emotional needs of individuals of all ages. Neurologic Music Therapy (NMT) is the therapeutic use of music to address the cognitive, speech/ language, and sensorimotor function of individuals with neurological diseases or disorders. Treatment techniques are based on a neuroscience model and the influence of music on functional changes in the brain and behavior.

Music Therapy for Sensory Needs

Music provides concrete, multisensory stimulation and involves the auditory, visual, and tactile senses.

The rhythmic component of music organizes the brain and body, thus improving the integration and function of the sensory systems.

Music Therapy Improves

- auditory, visual and tactile
- self-regulation and self-calming
- reduction of selfstimulatory behaviors

- tolerance of sounds and volume
- reduction of white noise sensitivity
- visual processing
- tolerance of tactile

